

James

To Those It May Concern:

I feel it is my obligation before my death or permanent disability to share some of the things that I have learned as a targeted individual with the public. I will not accuse any group, nation, organization, or individual for being responsible for these attacks. I will not disclose the city or state in which these attacks took place either. This is to protect myself from a lawsuit. As many of you know, these are covert attacks and gaining definitive proof is extremely hard. I will share with you my first name which is James. I retired from the Army with 20 years service in the Infantry and have since been employed mainly in the communications industry. I am currently and have for the past six years been under electronic attack to include: 24/7 surveillance, directed energy weapons attack, electronic mind control attack, and gang stalked. My attackers have nearly unlimited resources, are well organized and disciplined, and are very well-versed in psychological warfare. I have my opinions on who it is, but will keep those to myself.

The first issue I will discuss is a directed energy attack:

1. If you live in a home with a basement, sleep in the basement. The energy cannot pass through dirt I would say 18 inches thick. I know this because this is one of the first indicators I had I was under attack. I mysteriously felt much better in my basement. Now that quickly changed (within a few days) when they saw I started spending most of my time there.
2. These are direct line of sight weapons and angle is important to them. My attackers placed them on telephone poles. I believe this because during a very aggressive high energy attack, I was able to hear the sound clearly. It was a pulsating ticking noise which seemed to echo off my skull. I traced the sound up the hill from where I lived and as soon as I passed the telephone pole the sound stopped and so did the pain. As soon as I stepped back in front of the pole the sound started back up and so did the pain. I believe the weapon was inside the electrical transformer or attached to it on a coil. I believe this because these transformers were shiny brand new no rust and not the ones I noticed when we first bought the home. To my amazement as I went to the side of my home the ticking noise grew louder from that pole as well. The same thing happened at the front of my home.
3. After my attackers put devices on all poles and could hit me from all angles, I built a Faraday Cage in my basement to sleep in. This gave me some good relief, and allowed me to get some sleep. The cage I built was about 8 ft long and 4 ft high. I built a 2x4 frame and then used plywood for walls. I clad the exterior with metal flashing and used dry wall screws to secure it. I then sealed all corners with metal duct tape. If you are building the cage on a second floor then you would definitely need a bottom to your cage. All materials were purchased at the local hardware store for about 100 dollars.

4. Now during a very intense attack one day when they were causing extreme pain in numerous areas of my body, I had to pray to the Lord and immediately after prayer the thought entered my head to pour water into a zip lock bag and place it on my head. The pain stopped immediately. The zip lock water hat. It might be funny but it worked for me and still does. I believe this stops what is called mind mapping. This is when they hit you in different locations of the head to cause pain in different locations of the body.

5. The attacks you can't feel cause more damage to your body than the ones you can feel. Start knowing your body. Muscular twitching is not normal, elevated head temperature is not normal, can't get warm not normal, mood swings not normal. You are probably under attack.

6. Wear sunglasses most of the time in case of laser attack.

7. Do not have any electronic devices in your sleeping quarters. My reason is this: one day I was listening to a very interesting newscast on leaked radiation from appliances on the Internet and right when it got interesting it stopped playing and then it totally disappeared from the sight.

8. They attack the stomach with microwave. One reason is I believe they think it's funny to make you fart. The real reason is it kills your flora and healthy bacteria so your body gets vitamin deficient. Take plenty of vitamins and a good pro-biotic.

9. Install slide locks on your interior doors and windows. My reason is they can totally put you into a paralyzed state this happened to me a couple of times. I woke up and knew I was awake but could not move and had to fight to get up.

The second issue I would like to discuss is Mind Control Attack. (I had a lot of trouble with this one)

1. They can make your lights flicker on when turned off by striking the filament with the beam. This gives a supernatural effect.

2. They can manipulate your moods by hitting different areas of the brain. They can bring about depression, anger, and they can also make you feel good about things. This is coupled with subliminal messages to direct you in ways you would not normally go.

3. They will try and make you sin. Check yourself constantly. Mind control and staged opportunity is what they are all about.

This is a full spectrum attack they want you isolated, financially destroyed, physically destroyed, spiritually killed, and literally killed. The heavy hitters and cooks are all satanists without a doubt in my mind. The man who designed this program was a satanist. They will try and separate you from God any chance they get.

4. If you hear a voice in your head that is not yours it is called skull knocking. They direct the beam at your skull and can direct their voices over it. (Never admit to hearing voices you will be an automatic schizophrenic diagnosis). This can also be done while you are in a dream state.

5. Last but not least they can mimic something shoving you; a hand wrapped around you and can also manipulate your limbs remotely while asleep (this has all happened to me).

The third issue I would like to discuss is gang stalking and surveillance.

1. Keep your cool and take photographs as much as possible.

2. Record license plates.

3. Be aware of your surroundings and don't leave things unattended while in public like your food.

4. Don't telegraph your punch. If you talk about what you're going to do before you do it, they will be there before you.

5. The cellphone is your attacker's biggest ally. It tracks you. It listens to you even when you're not actively on it.

6. The advent of broadband cable allows for a return path. You watch your T.V. and it watches you.

7. Every phone call made now hits what is called the light band (fiber optic cable) and is routed through servers. These are located in these little fenced-in huts you see outside your neighborhood where everything is broken down into binary code and is storable on hard drives.

8. Your attackers more than likely have a key to your home and also are able to disable your security system, no sweat. I know mine were probably in my house more than I was.

9. Your monitored security system allows them to know exactly what room in the house you are in and when you come and go.

10. Do not be surprised if you find that you are microchipped already. Mine was in my nasal passage. How it got there and who put it there, I have no idea.

As for myself I have lost near everything in my life. I am financially ruined, divorced again, lost my house, my children, and my health. And lost my most recent job just the other day. But thanks to others who are experiencing the same things at least I know what hit me. I hope someone gets some info they need out of this and isn't driven mad by all the stuff they hit you with. I pray for you all.

Good Luck.

